

RIDGE PRESERVATION

## Rebuilding Bone When Your Teeth Are Removed

You tell us what areas you'd like to improve and we'll show you what treatment options and procedures are available. It's time to relax and share your smile. Let's get started.

Call Us (866) 288 4173



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## INTRODUCTION

## Bring Out The Best Of Your Smile!



A shy smile hides your true self from the world. Problems with your teeth, gums and jaw create a barrier between you and your friends and family. If you're self-conscious about discoloured, mishappen or crooked teeth you may find yourself reigning in your smile or hiding it behind your hand. A smile makeover starts with a treatment plan tailored to your personal goals.

You tell us what areas you'd like to improve and we'll show you what treatment options and procedures are available. Feel confident you're in safe hands. We know how important it is for your treatment to be as quick and painless as possible-- we care about your overall health. That's why we have invested in the latest dental technology to ensure a swift diagnosis and a quick and accurate treatment which will have you back on your feet in no time.

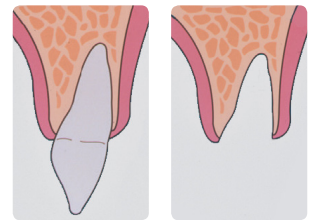
Dr. Ameen Al-Obaidi and Dr. Istabraq Jasim

## RIDGE PRESERVATION

# Rebuilding Bone When Your Teeth Are Removed

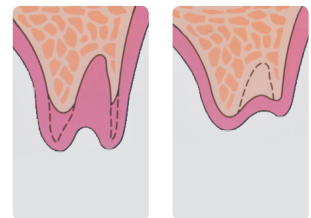
Advanced periodontal disease, tooth fracture, or other types of abscesses lead to severe bone loss around a tooth, causing tooth loss.

When a tooth is extracted, healing is a combination of “shrinkage” of the remaining extraction socket bone, and bone growth from the base of the extraction site. The result is loss of bone where the tooth used to be, which weakens the adjacent teeth and leads to a depression in the remaining bone. Very often, there is not enough bone for placement of an implant.



The bone socket following tooth removal.

These problems can be avoided. At the time the tooth is extracted, the area is filled with “calcium material,” and is covered with a membrane barrier. The calcium material encourages your own bone to grow into the area. This material is then eliminated by your body. The barrier prevents the gum tissue from growing into the extraction area, and protects the underlying calcium material and your forming bone.

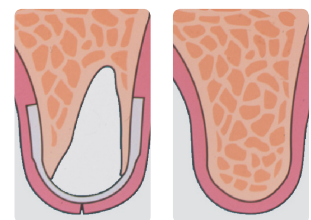


The bone shrinks during healing.

This treatment results in the complete regeneration of the lost bone in the area of the tooth extraction.

Regenerating your bone at extraction provides these advantages:

- The health of the adjacent teeth is improved.
- The esthetics of the area is improved because a bone defect does not develop.
- The regenerated bone allows placement of an implant to replace your missing tooth.
- If a ridge deformity is already present because a bone regeneration procedure was not performed when your tooth was extracted, bone regeneration can still be performed.



The area is covered with a barrier membrane.

The bone has regenerated.

## RIDGE PRESERVATION

# Commonly Asked Questions

### Will the ridge preservation procedure hurt?

Only *Lidocaine* is necessary to perform a tooth removal and ridge preservation procedure. You feel nothing once the area has been numbed. This procedure will not cause you to miss work.

### How long does a ridge preservation procedure take?

The removal of a tooth and placement of the regenerative materials is about 60 minutes. One or two check-up visits may be scheduled to ensure the area has healed correctly. An x-ray will be taken a few months later to evaluate your new bone growth.

### Does the membrane barrier remain in my mouth?

If a dissolving membrane is utilized, it will be gone a few weeks after the procedure. If a non-dissolving membrane is used, it will be removed in a minor procedure which takes 10 minutes.

### What is the cost of the procedure?

The cost of the bone rebuilding procedure will vary with the situation. Your doctor will discuss this with you before proceeding with any treatment.

### How well does ridge preservation work?

Bone rebuilding is very predictable. The procedure results in continued health of the adjacent teeth, improved esthetics and adequate bone for implant placement, if necessary.

TESTIMONIALS

# What Our Patients Have To Say

“Tomken Center Dentistry has been my primary dental care center for over 10 years now. I have recently had a dental emergency and was treated with what I felt to be extreme care and knowledgeable professionalism. I primarily use two dental hygienists at this center for regular cleanings. Both these hygienists clean my teeth in such a manner that I don’t feel uncomfortable during my visit, nor do I feel pain during my cleanings. I also take my now 4 year old son for his regular check-ups at this center and he has regularly said: “I love going to the dentist.”

**KENDAL H.**

“

The office is clean and welcoming. The front office staff are friendly and efficient. The dental assistants are friendly and competent. Dr.Ameen is very thorough, informative and treats his patients like family.

**NATALIE W.**

“

My family and I have been going to Tomken Dental for a few years. As I have a slight fear of the dentist, they treat me with the utmost kindness and comfort for each procedure I need. All the staff is wonderful and welcoming.

**DEBBI D.**

“

Thanks for Dr. Istabraq and all Tomken Dental team for the great costumer service and professional work that they did for my teeth #bestdental in Mississauga.

**AHMED D.**

## MEET YOUR DENTIST

# Dr. Ameen

Dr. Ameen graduated from Baghdad University in 1997 with a Bachelor degree in Dental Surgery. He finished a post graduate diploma in dental surgery MFDS from Glasgow in 2010. He was interested in implant surgery and cosmetic dentistry, therefore, he finished his fellowship and continued his clinical and theoretical research, finishing his diploma, in placing and restoring implants. In a nutshell, this prestigious diploma means that he has completed a ton of implants with a very high success rate, and has put in countless hours of continuing education to perfect his craft. Dr. Ameen is happy to be a part of his patient's esthetic journey by helping them restore smiles. He finished his DDS in Canada after passing the NDEB exam in Western Ontario.

Dr. Ameen has had a privilege of working in four continents, which has enabled him to connect and develop great communication skills with patients from all walks of life. He is the owner of four practices; Hamilton (Barton Dental Centre), Mississauga (Tomken Centre Dentistry), Thunder Bay (Redwood Dental Centre), and now recently Thunder Bay (Sky Dental Centre).



# Book your appointment now.

We are determined to put you at ease while determining the best solution for you.

[Call Us \(866\) 288 4173](tel:8662884173)



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